

A Localise Guide to Good Volunteering

- If you are under 18 make parents/guardians aware of what you are doing.
- Research the group/organisation you are thinking of volunteering with.
- Check the group/organisation is registered, i.e. do they have a CHY number.
- Respect the ethos of the group/organisation you choose to volunteer with.
- Contact the group/organisation well in advance of volunteering time.
- If you are uncomfortable with what you are doing, **STOP** and alert staff immediately.
- Treat your volunteering professionally, be on time, be prepared, be presentable and try your best.
- Be positive and courteous at all times and give the respect you would want to receive.
- Honour volunteers, regardless of ages, backgrounds, religions and so on. Everyone can make a positive contribution.
- If you are working directly with people respect their privacy and treat them with respect.
- Make sure the group/organisation has insurance and safety procedures, ask to have them explained to you if you don't understand.
- Take on training if required.
- When onsite, adhere to the rules and regulations of the group/organisation.
- Check the phone/photo policy of the organisation beforehand.
- Share your experiences, you may have the answers they have been looking for.

Enjoy your volunteering experience.